atverlag



Martin Arnold, Urs Fitze

Wilderness Switzerland

Hiking in the most beautiful and untamed regions

978-3-03902-204-5 33.00 EUR

Cover: Paperback with flaps Extent: 224 pages Format: 14.5 cm x 22 cm 181 colour photos, 31 maps Available: 24/04/2023 Rights sold: All rights available

- · Wilderness at our doorstep and in the mountains
- 30 hikes along impressive nature reserves
- · Including practical information and maps

Switzerland is wilder than one might think. You can encounter untouched wilderness not only in remote mountain areas but sometimes practically at your doorstep, in the smaller and bigger nature reserves of the midlands or at the foothills of the Alps.

Martin Arnold and Urs Fitze present 30 fascinating wilderness regions all over the country, each of them with their own unique history: from the enchanted Doubs and Belpau with its beavers to the ice desert of the Aletsch glacier and the multicoloured shimmer of the Stelsersee to the forest reservations in the Onsernone Valley. Apart from numerous deserted nature reserves in the mountains we can also discover smaller, generally less known locations in our close vicinity.

A hiking guide that shows us hidden gems worth protecting. Including access to digital hiking maps and GPS coordinates.

Martin Arnold: Freelance journalist, publisher, and author. He writes for newspapers, magazines, and various information platforms.

Urs Fitze: Freelance journalist and author.



Hans Joachim Degen, Ragna Kilp

The most beautiful hikes along waters in the Swiss Alps

978-3-03902-109-3 33.00 EUR

Cover: Paperback with flaps Extent: 272 pages Format: 14.5 cm x 22 cm 197 coulour photos, 50 maps Available: 28/06/2021 Rights sold: All rights available

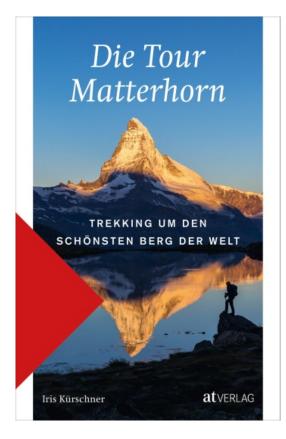
- Invigorating relaxation at quiet lakes and rushing creeks
- 50 well-researched routes
- Stories about people, culture, and historical backgrounds

From thundering waterfalls to burbling mountain streams and quiet mountain lakes – hikes along the water hold the promise of relaxation and charm in all four seasons. Streams and rivers are most impressive in spring when the snow melts, while in midsummer small lakes invite you to take a plunge. During autumn, water reservoirs are brimful, and winter transforms waterfalls into ice sculptures.

Presenting 50 classics and numerous insider tips, this book takes us to various stretches of waters in the different regions of the Swiss Alps. Enchanting photos and stories about history, geology, culture, and food make us long for some lovely days of hiking. Thanks to detailed descriptions of all routes you are safe throughout. An indispensable book for hikers, nature lovers, and families who love water.

Hans Joachim Degen: In the author's view, the joy of hiking is not only about the walk itself, but also the stories along the way.

Ragna Kilp: Passionate traveller and hiker who explores different regions of the world.



Iris Kürschner

The Tour Matterhorn

Matterhorn trekking, hiking around the world's most beautiful mountain in 9 stages

978-3-03902-123-9 33.00 EUR

Cover: Paperback with flaps Extent: 192 pages Format: 14.5 cm x 22 cm 148 colour photos, 14 maps Available: 14/06/2021 Rights sold: All rights available

- 9 meticulously planned day trips around the Matterhorn
- Thrilling background stories
- Including a service section and overview maps

How can we get the best view of the Matterhorn? By hiking around it. The Tour Matterhorn follows breathtaking four-thousand-metre high mountains, lonely Alps, spectacular passes, and wild glacial streams. It leads us to homely mountain huts with astonishing views, romantic villages, six untouched valleys, and three different cultures.

Mountain expert Iris Kürschner reveals how to make the most of the roughly 160 kilometre long trekking route. The nine daily stages are well researched and richly illustrated and contain all the information you need about planning, accommodation, and variations. The length of the tour can be easily adjusted. Some stages are also suitable for weekend trips. Moreover, the author offers information on geology and mountain history, animals and plants, as well as the history and culture of the region.

A book that will quicken the pulse of passionate hikers. Off you go to the greatest landmarks of Switzerland!

Iris Kürschner: Photojournalist and author focusing on outdoor topics in the Alps and Himalayas.



Andreas Staeger

Nature and Reflection

Hikes to Swiss pilgrimage sites

978-3-03902-243-4 33.00 EUR

Cover: Paperback with flaps Extent: 200 pages Format: 14.5 cm x 22 cm Colour photos Available: 30/09/2024 Rights sold: All rights available

- Hiking tours to famous and unknown places of pilgrimage
- Historical and modern pilgrimage sites
- With maps and QR codes

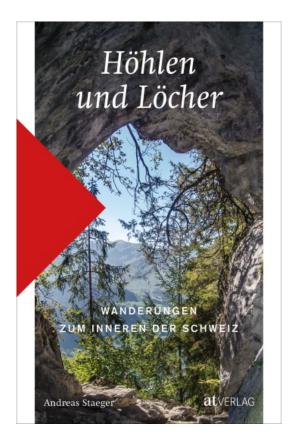
Contemplation and sights along picturesque paths

Pilgrimages are the most ancient form of touristic travel. In the past, people did pilgrimages for religious reasons, nowadays pilgrimage sites have become rewarding destinations from a secular perspective as well. For the path that leads to a pilgrimage site is just as important as its destination. Being on the road is not just recreational, a way to discover nature and cultural treasures, but also allows for contemplation and reflection.

The book presents 35 hiking tours that lead to picturesque pilgrimage sites. Some of them trace ancient pilgrimage trails, others follow less known yet breathtaking routes. Next to classical pilgrimage sites in Catholic regions some sites in Protestant areas are highlighted as well. Some of the pilgrimages may merely be of historical significance, as Reformation made them redundant, others however have attained their status in more recent times.

The book also presents two contemporary sacred buildings, the Botta chapel in Mogno TI and the Caplutta Sogn Benedetg by Peter Zumthor in Sumvitg GR, both of which have become internationally renowned »pilgrimage destinations« for architecture lovers.

Andreas Staeger: is a journalist and passionate hiker. He is author of several hiking guides. His hiking reports are published in various magazines and newspapers.



Andreas Staeger

Caves and Holes Hikes through the inside of Switzerland

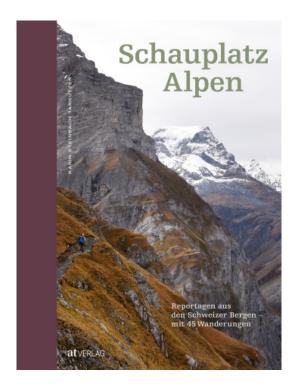
978-3-03902-173-4 33.00 EUR

Cover: Paperback with flaps Extent: 208 pages Format: 14.5 cm x 22 cm 189 colour photos, 36 maps Available: 26/09/2022 Rights sold: All rights available

- · Epic caves all over Switzerland plus some insider tips
- 35 hikes for nature lovers and families
- Featuring practical information and maps

When you walk in a forest or meadow, through valleys or up the mountain, you take the solid ground beneath your feet for granted. But this perception can be deceiving. The work of glaciers, the powerful erosion brought about by water, as well as human activity were instrumental in creating hollows in various places that grant a fascinating view of the earth's inner life. This hiking guide presents the most beautiful tours to nature's most hidden spots. Apart from well-known cave systems with heavy tourist traffic such as the Saint Beatus cave or the grottos of Vallorbe, you will find many insider tips about ducts, balms, and tunnels that you can explore on your own. Each hiking route has a detailed description and explains the characteristic features of the given region.

Andreas Staeger: Journalist and passionate hiker. Author of several hiking guides. His hiking reports are published in various magazines and newspapers.



Karin Steinbach Tarnutzer

Paradise gardens of the Earth

Stories from the Swiss mountains – with 45 hiking trails

978-3-03902-185-7 39.00 EUR

Cover: Hardcover Extent: 264 pages Format: 19.5 cm x 25.5 cm 179 colour photos Word count: 67,659 Available: 25/03/2024 Rights sold: All rights available

- A hiking and story book by an expert of the Alps: Karin Steinbach Tarnutzer
- Discover and experience modern Swiss Alpine culture
- A must-have for history, culture, and mountain lovers

Hiking on the tracks of Alpine culture!

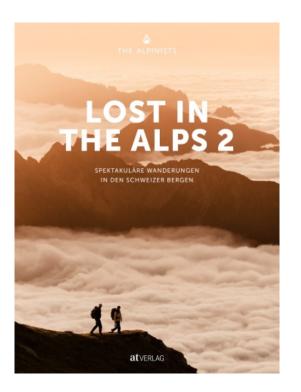
The Alps are a living and thrilling environment. Nature and tradition meet technology and modernity. With this hiking and story book the renowned expert of the Alps Karin Steinbach Tarnutzer offers fresh and authentic insights into the wonders of the Swiss mountains.

Inside a mountain we visit a subterranean chip factory, while in dizzy heights we behold the construction site of a hydropower plant or the highest place of pilgrimage in Europe. We get a glimpse of the everyday life of Wildheuer farmers, helicopter pilots, and Rheinholzer woodworkers, we visit permaculture projects in the Appenzell and the biodiversity paradise of Alp Flix. Every story features three different hikes in the given region, as it is best to explore the locations of each story on our own. Featuring practical information, and richly illustrated.

For anyone who longs to see the Swiss mountains from a different angle – and with their own eyes.

Karin Steinbach Tarnutzer: is a freelance journalist, author, lecturer. She writes for newspapers and magazines on the topic of mountains and nature and has co-authored numerous biographies of mountaineers. Being a passionate alpinist and climber herself she has been drawn to the mountains since her youth.

Photos: Karin Steinbach Tarnutzer, Robert Bösch et al.



The Alpinists, Marco Bäni, Nicola Bonderer, Roman Flepp, Kai Grossmann, Johannes Guler, Joni Hedinger, Valentin Manhart, Rami Ravasio, Jannis Richli, Silvan Schlegel, Fabio Zingg

Lost in the Alps 2 Spectacular hikes in the Swiss Mountains

978-3-03902-217-5 46.00 EUR

Cover: Hardcover Extent: 312 pages Format: 21 cm x 28 cm 260 colouor photos, 71 maps, word count: 42,010 Available: 25/09/2023 Rights sold: All rights available

- The mountaineering and hiking book for the Instagram generation
- More than 60 hikes with breath-taking photos of the Alps
- Eleven friends reaching more than a million people

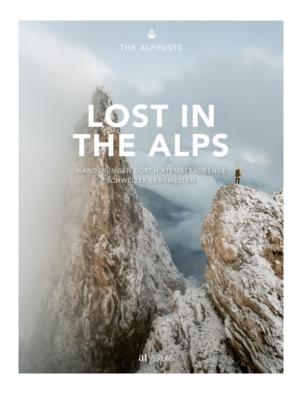
A declaration of love to the Swiss mountain ranges!

With their first book »Lost in the Alps« the Alpinists have very successfully shaken up the hype around the Swiss mountains. Now the collective of 11 friends once again answered the call of the mountains.

Through their spectacular outdoor photography the »young savages« discover vast landscapes where humans can feel wonderfully tiny. They provide tips for photographers and give an account of their adventures and highlights in the Swiss Alps. The more than 60 hiking trails, including some really demanding ones, are complemented by practical information and helpful maps, and take us to hidden mountain lakes, welcoming lodges, and peaks with breath-taking views.

In this book friends of the continuously growing community share their favourite hikes in the Swiss Alps. A delight for the eye that makes us long for adventures.

The Alpinists: are a collective of eleven friends who are passionate photographers, travellers, and adventurers. The group has become the biggest Swiss community for outdoor photography and reaches more than 1 million people via social media channels. Their aim is to inspire young people to go outdoors more often and explore nature.



The Alpinists, Marco Bäni, Nicola Bonderer, Roman Flepp, Kai Grossmann, Johannes Guler, Joni Hedinger, Valentin Manhart, Rami Ravasio, Jannis Richli, Silvan Schlegel, Fabio Zingg

Lost in the Alps Hiking in the Breathtaking Swiss Mountains

978-3-03902-100-0 46.00 EUR

Cover: Hardcover Extent: 312 pages Format: 21 cm x 28 cm 358 colour photos, word count: 37,697 Available: 28/09/2020 Rights sold: All rights available

Awards for this book



- The mountaineering and hiking book for the Instagram generation
- 11 friends who reach more than 1 million people via social media
- 66 hiking routes with accommodation options and maps

Hiking Trips in the Breathtaking Swiss Mountain Ranges

Breathtaking pictures, incredible views, phenomenal sites – all you need to know about this book in a nutshell. The writer collective »The Alpinists«, known for spectacular photos on Instagram, inspires us to dive into the magical world of the mountains. The book is not only a feast for the eye and a great read, but also an invitation to pack our bags and get going. Maps, background information, and hiking tips complement the fantastic images. All members of the collective introduce themselves, including their favourite hiking routes and related stories. The photographs of the group offer various tips on how to take pictures and where to find the best spots for shooting. Throughout the book they put great emphasis on the importance of environmental consciousness and sustainable behaviour in the mountains.

The Alpinists: A collective of eleven friends, all of which are passionate photographers, travellers, and adventurers. The Swiss group has grown steadily and has by now developed into the biggest Swiss community for outdoor photography. It reaches around 1 million people via social media channels. Their aim is to inspire young people to go outdoors more often and explore nature. The collective and their projects support gentle tourism.